

AGENDA

7:45 - 8:30	Registration
8:30 - 12 noon	Morning Session (break 10:15 - 10:30)
12 noon to 1:15	Lunch (on your own)
1:15 - 4:30	Afternoon Session (break 2:45 to 3:00)

■ 8:30 – 12 noon

Understanding Dementia: Seeing It from the Other Side

This session forms the core of all we will do in the workshop. The emphasis is on helping you see things differently. By the end of the morning, you will have some "AH-HA" moments as you appreciate the impact of dementia on intake of data, processing of data, and therefore what the person will do, say, think, believe and is less likely and be able to do. We will sort out the "Three D's" – Delirium, Depression and Dementia. The Gem Model will be introduced to address progressive changes over time with a positive perspective, focusing on what remains and what is unique and holds value, even as other things change and are lost.

■ 1:15 to 4:30

Building Hands On Skills for Interaction and Communication

We will build on what we now 'know' and understand about dementia as we develop new skills to better support and help. We will start with our approach, our cues, and our ability to connect. Then we will work on hands on ways of communicating and assisting with daily life and in times of distress. By the completion of the session, learners will have new tools that will be applied throughout the rest of the workshop.

Learning Objectives:

1. Learners will describe the six key components that contribute to the behaviors seen throughout the progression of dementia.
2. Learners will compare and contrast cues that people with dementia provide that indicate the most common 10 unmet needs that lead to distress or challenging behaviors as the disease progresses.
3. Learners will describe effective combinations of multi-modal helping techniques when presented with someone with dementia at various levels of impairment, emphasizing use of their abilities that are preserved.
4. Learners will recognize the value of consistent positive reinforcement and active programming to promote well-being in reducing challenging behaviors throughout the disease process.
5. Learners will use a structured and organized approach to recognizing and coping with challenging behaviors by meeting needs and intervening early and often with at-risk individuals on a regular basis.

Methods of teaching:

All sections will use a combination of lecture, discussion, role play, group interaction, case discussion, and problem-solving among learners to actively engage learners in the content. A DVD training disk, handouts, power point presentation, and role playing will be used throughout the session.

DESCRIPTION OF WORKING SESSION

We are excited for the return of Teepa Snow to Winnipeg. Internationally renowned for her innovative clinical work; her informative and entertaining dementia care trainings; and as an advocate leader for people living with dementia. Last time she was in Winnipeg her training sold out.

This in-depth intensive workshop will help learners use effective strategies for helping people with dementia during interactions, care delivery, and daily engagement. The goal is to help reduce resistance to care and foster participation and use of preserved skills. To do this, the workshop will guide learners to help them develop better observational skills to recognize and intervene effectively when behavioral challenges occur. It will emphasize the value of matching helping behaviors to the person's needs and retained abilities to promote a sense of control and self-direction. Modifying the task demands, the environment, the caregiver's approach are three key elements to improving the situation. These three elements combined with knowledge of the individual's background and life story, medical, psychological, and sensory conditions, and level of cognitive function will form the base for problem solving and personalized care planning. Various sessions through the workshop will address typical issues that occur from early stages of the condition, through mid-disease, and into the final care concerns that are part of the progression. Each session will help learners focus on carefully monitoring people with cognitive impairment for signs and signals of "unmet needs and growing distress" in order to intervene early and often with meaningful programming and empathetic communication. This effort to create a positive and caring environment rather than 'dealing with the behavior' after it is established and full-blown will be promoted as a more effective model of caregiving.

Visit YouTube for a sampling of Teepa Snow's past presentations and outstanding work.

For More Information

HQS PROFESSIONAL DEVELOPMENT
207E – 1780 Grant Avenue, Winnipeg, MB R3N 2B9
Ph: (204) 477-5656 • Email: LEIGH@HQS.CA

VISIT OUR WEBSITE AT
www.hqs-pd.ca

"TEEPA SNOW"

REGISTRATION FORM

NAME _____

OCCUPATION _____

AGENCY/COMPANY _____

ADDRESS _____

CITY _____ PROVINCE _____ POSTAL CODE _____

PHONE _____

EMAIL: _____

By providing your email address you are authorizing HQS to email you twice a year about upcoming conferences

METHOD OF PAYMENT:

CHEQUE / MONEY ORDER
AMOUNT ENCLOSED: \$ _____

AGENCY PAYMENT \$ _____
IF INVOICE IS REQUIRED PLEASE EMAIL
INFORMATION TO LEIGH@HQS.CA

VISA MASTERCARD

CARD # _____

EXPIRY DATE _____

TYPE OF REGISTRATION:

ADVANCED SINGLE 210.00 ADVANCED GROUP 190.00
 REGULAR SINGLE 230.00 REGULAR GROUP 220.00
 FULL-TIME STUDENT 155.00

PLEASE MAKE CHEQUES PAYABLE TO: HQS PROFESSIONAL DEVELOPMENT

TO REGISTER MAIL TO:

HQS Professional Development
207E – 1780 Grant Avenue,
Winnipeg, MB, R3N 2B9

PHONE: (204) 477-5656

ONLINE: Register online at:

www.hqs-pd.ca



REGISTRATION FEES

EARLY REGISTRATION:

RECEIVED ON OR BEFORE APRIL 15TH, 2019

SINGLE \$210.00 Full payment must be received on or before April 15th, 2019.

GROUP \$190.00 PER PERSON For groups of 3 or more, registration MUST be submitted together with full payment by April 15th, 2019.

REGULAR REGISTRATION:

AFTER APRIL 15TH, 2019

SINGLE \$230.00 Full payment must be received prior to conference date.

GROUP \$220.00 PER PERSON For groups of 3 or more, registration MUST be submitted together with full payment prior to conference date.

FULL-TIME STUDENTS \$155.00 For students who are attending 3 or more university credit courses this academic term. Full payment MUST be received prior to conference date.

**RECEIPTS WILL BE DISTRIBUTED
MAY 15TH, 2019
AT THE REGISTRATION TABLE**

PARKING There is plenty of FREE parking

Cancellation / Refund Policy

If unable to attend, we will be happy to refund the full amount if notified IN WRITING or EMAIL 14 days prior to the conference date. OR a substitution may be made if notification IN WRITING or EMAIL is received prior to the conference.

Refunds will not be given to those participants who do not attend the conference and do not provide HQS with notice of their absence prior to the conference. In these circumstances, a voucher will be provided for the participants to attend an upcoming conference organized by HQS.

ABOUT THE PRESENTER



**Teepa L. Snow,
MS, OTR/L, FAOTA**

Dementia care
and Training Specialist
Positive Approach, LLC

Consulting Associate,
Duke University,
School of Nursing

As one of America's leading educators on dementia, Teepa Snow has developed a dementia care philosophy reflective of her education, work experience, medical research, and first hand caregiving experiences. She is a graduate of Duke University, and received her MS degree from the University of North Carolina in Chapel Hill.

As an Occupational Therapist with over 30 years of experience in geriatrics, she has worked as the OT Director in a head injury facility, a clinical specialist in geriatrics for a Veteran's Administration Medical Center, and a Restorative Care Coordinator for a long term care facility.

Her hands on caregiving experiences include providing direct care in home health, assisted living, long term care, and rehabilitation settings.

Teepa also served as the Director of Education and Lead Trainer for the Eastern N.C. Chapter of the Alzheimer's Association, and as a clinical associate professor at UNC's School of Medicine, Program on Aging.

Location / Hotel Discount

NORWOOD HOTEL

112 Marion Street

Phone for reservations: 204-233-4475

When making hotel reservation please quote
"group reservation number #386172" for room discounts.
Rooms must be booked 30 days prior to conference.
Reserve early as rates are based on availability



HQS PROFESSIONAL DEVELOPMENT

PRESENTS

**TEEPA L. SNOW,
MS, OTR/L, FAOTA**

**Best Practices
in Dementia Care:
Learning to Give Care
Without the Fight**

Wednesday
MAY 15th, 2019
8:30 a.m. to 4:30 p.m.

Norwood Hotel
112 Marion Street
Winnipeg, MB R2H 0T1



HQS PROFESSIONAL DEVELOPMENT
IS COMMITTED TO ORGANIZING QUALITY CONFERENCES AND
CONTRIBUTING TO THE PROFESSIONAL DEVELOPMENT
OF HEALTH CARE PROVIDERS IN OUR COMMUNITY

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